**Mary: Zoom Mindfulness:**

**~Thank you for honoring that this is women’s space**

**~Please remain muted if you are not talking**

**~If you are going to be moving around during the workshops, please turn off your camera**

**~Please refrain from writing messages in the Chat while presentations or songs are happening.**

**~Remember to save the Chat at the end of the session so that you have all of the contact information!**

**BIO FOR ALL WORKSHOPS-TONI**

**1. Natalie Jackson:**

**natalie.jpg**

Kuumba Dancers and Drummers, Retired Teacher Hillsborough City Schools... In 1980, Natalie Jackson co-founded the KUUMBA Dancers and Drummers troupe which provides workshops and performances in the traditional African folk dance, music and songs both nationally and internationally. Natalie's vision is that the KUUMBA Dancers and Drummers strive to present an authentic experience to audiences while preserving and nurturing the art form for generations to come.

**End of workshop into chat: http://www.kuumbadance.com/**

**2. Linda Smith Koehler (Kay-Ler)**

Linda and Rissa.jpg

is a singer and a songwriter and the music director of Women with Wings, a women's sacred singing circle founded by Kay Gardner in Bangor Maine. Her CD, *Wide Open*, and songbook, *One*, containing original chants and songs, are available at womenwithwings.org. Rissa Moore is a singer and accompanist, who got her start leading songs at girl scout camp many years ago. Together, Linda and Rissa lead songs of strength, hope, and healing, creating a space where women are reminded of their own divinity and interconnectedness.

**Contact Info to publish in chat or wherever**

Linda Smith Koehler email [lindakoehler29@gmail.com](mailto:lindakoehler29@gmail.com)

Music available at womenwithwings.org

CD: *Wide Open*

Songbook *One, Songs and Chants to Nurture Joy, Cultivate Peace, and Honor the Earth*

Coming soon: *One* Songbook Companion CD

Music can be downloaded from Goldenrod.com

Songbooks can also be purchased at Lulu.com. For bulk orders contact Linda for a discount.

Subscribe to my YouTube Channel!

https://www.youtube.com/channel/UCLGANnUw58dLC6W70MRit5A/videos

Website to be renewed this year (currently outdated) lindasmithkoehler.com

**2.5 Shelley Graff,**

shelley\_graff.jpg

who is a longtime facilitator/singer/songwriter, believes her sacred journey is guiding her to share the ancient tradition of **Singing in Sacred Circle** with as many women as possible. Shelley travels around the country performing and sharing the Singing In Sacred Circle experience at women’s retreats, festivals, conferences, marches, churches, private homes… **Shelley’s CDs, *Moon Mama*, *Fire On The Arrow, Coming Home, and For All The Womyn*** were inspired by and are a tribute to the healing/sounding work of the late **Kay Gardner. At end of workshop: two slides one with my contact information and one with the new CD cover**

**Chat:**

**Contact~**[**shelleygraffmusic@gmail.com**](mailto:shelleygraffmusic@gmail.com) **(Loves to travel!**

**Four CDs: *Moon Mama, Fire On The Arrow, Coming Home, For All The Womyn*  (Available thru Shelley or Goldenrod.com) Wednesday’s Song: https://www.facebook.com/shelleygraffmusic**

C:\Users\Shelley\OneDrive\Documents\Contact informationSF22.pptx

**3. Barbara Gail's workshop:**

Throughout the Ancient Mediterranean World, sacred drumming was a skill of Priestesses, who used the beats of their frame drums to rouse community consciousness and attain spiritual awareness for healing and divination.

End of workshop into chat:

Barbara Gail is co-owner of The Rhythm Inlet world drum and percussion retail store.

941-223-0180

Programs@RhythmInlet.com <Programs@RhythmInlet.com>

RhythmInlet.com <http://rhythminlet.com>

BarbaraGail.com <http://barbaragail.com>

YouTube Channel <https://www.youtube.com/channel/UCzkFQznY77ut-FlaB74LjpQ>

Performing and facilitating rhythm and movement based programs, classes and workshops for nearly 30 years, she's the founder of "Moonrise: Daughters of an Ancient Pulse", "Women, Rhythm & Ritual", "DrumRise! The Art of Women's Drumming", and "The Tambourine Path".

Barbara was a longtime student of Layne Redmond, author of the seminal book and body of work, "When the Drummers Were Women: a Spiritual History of Rhythm”.

4. Albie

**Alberita (Albie) Johnson, Lover of Poetry, Holistic Coach, Guide and Minister has offered workshops such as: Poetry and Paganism shared at pagan festivals, Spoken Word and Poetry-SWFlorida local poets events, Women's Empowerment-ongoing workshops and Coaching, she has a passion for what is between the lines, and the magic of music. She has published poems and has wow awards for her work. And if you are fortunate to catch her blogs which we highly recommend you are in for a treat. As a Minister and Holistic Professional Coach Albie will help you learn to stop allowing your life and business to consume you. And help you find balance. She’ll assist you to move forward so you can no longer be stuck. You can rely on her to help you, make your life better.**

**End of workshop for chat:**

**Alberita’s Blog - Life Coaching by Alberita**

**(alberitajohnson.com) <**[**https://alberitajohnson.com/alberita's-blog**](https://alberitajohnson.com/alberita's-blog)**>**

**and this is my coaching/counselor Website: Home - Holistic Professional**

**Coaching in Lee County, FL (alberitajohnson.com)**

**<**[**https://alberitajohnson.com/**](https://alberitajohnson.com/)**>**

**BIOS FOR THE CONCERT:**

**1. Natalie Jackson: TONI  
natalie.jpg**

Kuumba Dancers and Drummers, Retired Teacher Hillsborough City Schools... In 1980, Natalie Jackson co-founded the KUUMBA Dancers and Drummers troupe which provides workshops and performances in the traditional African folk dance, music and songs both nationally and internationally. Natalie's vision is that the KUUMBA Dancers and Drummers strive to present an authentic experience to audiences while preserving and nurturing the art form for generations to come.

**End of workshop into chat: http://www.kuumbadance.com/**

**2. Linda and Rissa Carole (\*Rissa rhymes with “*miss*” and Koehler Kay-ler)**

Linda and Rissa.jpg

When **Linda and Rissa perform,** it is usually with a large group of women, their home circle Women With Wings, founded by Kay Gardner in 1993. When Wings performs, they view it as a gift of sharing the joy of singing together, not as a polished performance. Tonight as they sing songs that Linda has written over the last 25 years, they’ll be looking at your faces and imagining your voices singing along.

**Contact Info to publish in chat or wherever**

Linda Smith Koehler email [lindakoehler29@gmail.com](mailto:lindakoehler29@gmail.com)

Music available at womenwithwings.org

CD: *Wide Open*

Songbook *One, Songs and Chants to Nurture Joy, Cultivate Peace, and Honor the Earth*

Coming soon: *One* Songbook Companion CD

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https://www.youtube.com/channel/UCLGANnUw58dLC6W70MRit5A/videos

Website to be renewed this year (currently outdated) lindasmithkoehler.com

**3. Alberita Johnson Ruth Albie PLEASE SHOW slide #8** [The Magic of Poetry](https://docs.google.com/presentation/d/129ssCd5DilPwJf_7WzXN383w2WtMUW1GItZX-A-lo4M/edit#slide=id.g10f0d9e0974_0_2)

**The Magic of Poetry.jpg**

Evening Set: **Alberita (Albie) Johnson**, Lover of Poetry, Holistic Coach, Guide and Minister.

She is a passionate and curious woman. An eternal optimist. She journeyed to Florida 20 years ago via Queens, New York. Albie considers life a journey, and her journeys are filled with highs and lows that are exposed within her poems, they are inspiring and humorous. Listen closely tonight as she shares and you too will be inspired…

**Alberita’s Blog - Life Coaching by Alberita**

**(alberitajohnson.com) <**[**https://alberitajohnson.com/alberita's-blog**](https://alberitajohnson.com/alberita's-blog)**>**

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4. Shelley Graff Suzanne

**shelley\_graff.jpg**

**Shelley Graff, a** feminist singer, songwriter, guitarist, and Singing In Sacred Circle facilitator, has been sharing her songs with audiences during the past thirty-three years. Her folksy, personable approach to performing and facilitating [Singing In Sacred Circle](http://www.shelleyg.com/singing.html) workshops, draw her audiences down a path of political inquiry, peace, healing, and transformation. Please sing along!

**Contact~**[**shelleygraffmusic@gmail.com**](mailto:shelleygraffmusic@gmail.com) **(Loves to travel!**

**Four CDs: *Moon Mama, Fire On The Arrow, Coming Home, For All The Womyn*  (Shelley or Goldenrod.com) Wednesday’s Song: https://www.facebook.com/shelleygraffmusic**

**5. Barbara Gail's Genelle**

barbara\_gail\_slide.jpg

Teaching and performance artist Barbara Gail will perform a montage of drumming, singing, and spoken word, which includes her own version of "Devotion", originally written by Inanna: Sisters in Rhythm; followed by "The Ancient Ones", a poem by Patricia Reis (pronounced like 'rice'); and her "Tambourine Jam".

Images of ancient artifacts depicting Goddesses, Priestesses, and community women that will flash onto your screen, are from her teacher, Layne Redmond's presentations of "When the Drummers Were Women: a Spiritual History of Rhythm".

See below:

"Dreaming Ourselves Awake", Barbara's final piece, is a DrumPoem she wrote in 2015.

Everything is used with permission from the artists. :)

Barbara Gail

The Rhythm Inlet

941-223-0180

Programs@RhythmInlet.com

[RhythmInlet.com](http://rhythminlet.com/)

[BarbaraGail.com](http://barbaragail.com/)

[YouTube Channel](https://www.youtube.com/channel/UCzkFQznY77ut-FlaB74LjpQ)